

Staff Professional Development



Introduction to Career Planning

Wednesday, May 6th, 12 - 1 pm

Parnassus, S-214

This introductory workshop will help you take charge of your career. Guided by an expert in career counseling, you will assess your personal career development needs and learn about programs and resources that can help you take steps to achieve your goals.

Why You Should Participate

- ☑ You will learn a 3-step model for career development. Your personal assessment will identify which step in the model currently fits you best.
- ☑ You will explore UCSF's new career development resources.
- ☑ You will leave with tips, information and inspiration to get your career on track.
- ☑ Your presenter has in-depth knowledge of career development and is an expert facilitator.

Intended Audience

UCSF Staff at all levels

Date/Time/Location

Wednesday, May 6th, 12 - 1 pm
Parnassus, Medical Sciences S214

Investment

\$35.00 Please see payment and cancellation policies at <http://training.ucsf.edu>.

For More Information, Please Contact

Tacy Trowbridge, Instructional Designer
Human Resources, Development and Training
(415) 476-3004
tacy.trowbridge@ucsf.edu

Instructor

Dr. Elayne Chou is a Counseling Psychologist specializing in career counseling, coaching and consulting with culturally diverse individuals and organizations. She is passionate about helping people create meaningful and rewarding career paths and lives. She provides career counseling and career development workshops for UC Berkeley's staff and has worked in counseling centers at UC Irvine and the Ohio State University.

How to Register

1. At <http://training.ucsf.edu>, click "Class Catalog and Enrollments"
2. Sign in to the UC Learning Center with your UCSF employee ID
3. Search for "Career Planning".
4. Click the *Register* button next to the class.
5. Click the *Submit* button
6. Click the *Pay Now* button and you will be sent an email with directions for entering your payment information.

Limited Space. Register Today!